



**Please keep the focus
on the Al-Anon
program
and our Steps,
Traditions, and
Concepts of Service**

W

HOM you see here
HAT you hear here
HEN you leave here

LET IT STAY HERE



S-9

Approved by World Service Conference Al-Anon Family Groups

07-25

Al-Anon Declaration

Let It Begin with Me

When anyone, anywhere,
reaches out for help,

let the hand of Al-Anon and Alateen
always be there, and—

Let It Begin with Me.

See *Al-Anon and Alateen Groups at Work* (P-24)
"Suggested Meeting Format Readings."